

IELTS Band 7.5 Preparation Syllabus

A 6-week, 12-lesson high-impact strategy targeting **7.5 overall with minimum 7.0 in every element** for Saturday 28 November 2026

7.5 / 7.0

TARGET (MIN 7.0 EACH)

6.6 wks

SPRINT DURATION

12 hrs

LIVE 1-ON-1 COACHING

Feb '27

DEADLINE WINDOW

The Flipped Classroom Methodology

With less than seven weeks before test day, standard general English classes cannot move the needle fast enough. This course applies the **Flipped Mastery Model**: zero live minutes are wasted on passive reading or listening exercises.



Dedicated entirely to **high-stakes active output** and real-time correction:

- **Writing Task 2:** Deconstructing essay questions, bulletproof paragraph architecture, and live line-by-line editing on shared docs.
- **Speaking Part 3:** Moving from personal narrative to abstract societal discourse, eliminating fluency stalls, and drilling C1 lexical collocations.
- **Task 1 Strategy Clinic:** 15-minute weekly calibration ensuring charts, graphs, and processes secure Band 7.0 overview and data synthesis.
- **Examiner Psychology:** Applying official public descriptor benchmarks directly to eliminate repeated errors.



Rigorous Self-Study Protocol

Completed strictly at home under exam timer conditions:

- **Reading & Listening:** 1 full official Cambridge test every 3 days (Books 16–19). Target: **35+/40 (Band 8.0+)** to pull your overall average to 7.5. Bring only unsolved errors to class.
- **Writing Task 1:** 1 complete academic report per week under 20-minute timed conditions, reviewed asynchronously with detailed teacher markup.
- **Vocabulary Log:** Weekly consolidation of C1 academic collocations and topic-specific lexis banks.

Target 7.5 Score Thresholds (Minimum 7.0 Each Element)

IELTS Paper	Band 6.0 Profile (Typical Plateau)	Band 7.0 / 8.0 Requirement (Your Goal)
Writing (WT2 + WT1)	Addresses prompt partially; main ideas present but lack clear development; repetitive cohesive devices; mixed errors.	Band 7.0 Minimum: Addresses all parts of prompt with a sustained clear position. Fully developed I-E-E-R body paragraphs. WT1 report features a clear overview and accurate data synthesis. Frequent error-free complex sentences.
Speaking (P1, P2, P3)	Communicates clearly but repeats words, hesitates to search for grammar, and stays in concrete/personal examples.	Band 7.0 Minimum: Speaks at length effortlessly; uses discourse markers naturally. Displays less common idiomatic collocations and sustains abstract reasoning without grammatical collapse.
Reading (Academic)	27–26 / 40 raw score (Band 6.0)	Band 8.0 Target (35–36 / 40 raw score): Essential to mathematically pull your overall band to 7.5 when Writing and Speaking are at 7.0. Fast scanning + True/False/Not Given

Course Schedule · Part 1 (Weeks 1 to 3)

WEEK 1 · Foundations for a 7.0: Deconstructing the Rubric

Focus: Task Response (TR) & Abstract Spoken Delivery

Lesson 1: WT2 Core Structure & The Band 7 Rubric

WRITING TASK 2

OBJECTIVES & THEORY
Deconstruct the 4 examiner criteria (TR, CC, LR, GRA).
Compare a real Band 6.0 essay against a Band 7.0 essay to identify the exact tipping points.

Learn the foolproof 4-paragraph essay layout (Introduction, Body 1, Body 2, Conclusion).

PRACTICAL DRILL & OUTPUT
Formula for a 4-minute Band 7 Introduction: Hook + Academic Paraphrase + Clear Thesis Statement with Outline.

 **Output:** Student produces 3 distinct high-scoring introductions live in < 5 minutes each.

Lesson 2: Speaking Part 3 Mechanics & Abstract Fluency

SPEAKING PART 3

OBJECTIVES & THEORY
Bridging from Part 2 personal narratives to Part 3 analytical thinking. Overcoming the "silent pause" when asked broad social questions.

Mastering the **A.R.E.A. Framework** (Answer directly → Reason → Example → Alternative/Condition).

PRACTICAL DRILL & OUTPUT
Live drill across topics: *Modern Society, Education Systems, and Cultural Preservation*. Forcing structured 4-sentence spoken responses.

 **Output:** 6 fluent, structured responses without trailing off or falling back on personal stories.

WEEK 2 · Argumentation, Extension & Comparative Analysis

Focus: Idea Development & Grammatical Range (GRA)

Lesson 3: WT2 Opinion Essays (Agree / Disagree)

WRITING TASK 2

OBJECTIVES & THEORY
Task Response mastery: building deep, single-thread arguments rather than superficial shopping lists of ideas.

Constructing bulletproof body paragraphs using the *I-E-E-R* flow: Idea (Topic Sentence) → Explanation → Concrete Example → Result.

PRACTICAL DRILL & OUTPUT
Live co-writing and solo drafting of an entire body paragraph. Eliminating vague evidence like "scientists proved this recently".

 **Output:** Complete, fully elaborated body paragraph meeting Band 7 cohesion standards.

Lesson 4: Speaking Part 3 · Comparing, Contrasting & Temporal Shifts

SPEAKING PART 3

OBJECTIVES & THEORY
Grammatical Range upgrade: using advanced structures to contrast past generations with contemporary society and future projections.

Target grammar: "*Whereas in previous decades...*", "*By contrast...*", "*A substantially higher proportion of...*"

PRACTICAL DRILL & OUTPUT
Live rapid-fire drills on *Technology in the Workplace* and *Urban vs Rural Life*, requiring spontaneous comparative grammar.

 **Output:** Fluency in contrasting multiple demographics and eras without grammatical hesitation.

WEEK 3 · Nuance, Balancing Perspectives & The Unknown

Focus: Coherence & Cohesion (CC) & Speculative Language

Lesson 5: WT2 "Discuss Both Views and Give Your Opinion"

WRITING TASK 2

OBJECTIVES & THEORY

PRACTICAL DRILL & OUTPUT

Course Schedule · Part 2 (Weeks 4 to 6)

WEEK 4 · Complexity, Grammar Range & Lexical Precision

Focus: Less Common Lexis & Error-Free Complex Sentences

Lesson 7: WT2 Problem / Solution & Causes / Effects

WRITING TASK 2

OBJECTIVES & THEORY
Mastering cause-and-effect essays while infusing Band 7 grammar: third conditionals, cleft sentences, passive voice, and reduced relative clauses.

Avoiding colloquialisms and informal formulations that drag GRA below 7.0.

PRACTICAL DRILL & OUTPUT
Paragraph overhaul workshop: taking basic Band 6.0 draft sentences and transforming them into cohesive C1-level complex structures.

 **Output:** 1 polished Problem-Solution body paragraph demonstrating 4 advanced grammar patterns.

Lesson 8: Speaking Part 3 · Upgrading Lexical Resource

SPEAKING PART 3

OBJECTIVES & THEORY
Rooting out "crutch" words (e.g. *good, bad, a lot, very, important*) and replacing them with topic-specific collocations and precise adjectives.

Paraphrasing examiner prompts seamlessly instead of repeating their vocabulary verbatim.

PRACTICAL DRILL & OUTPUT
High-intensity rapid exchange drilling: paraphrasing complex prompts under time pressure with instant feedback on word choice.

 **Output:** Personal bank of 25 high-yield C1 collocations deployed accurately across 4 topics.

WEEK 5 · The Two-Part Challenge & Stamina Pressure Testing

Focus: Multi-Part Prompts & Continuous Fluency

Lesson 9: WT2 Two-Part & Direct Question Prompts

WRITING TASK 2

OBJECTIVES & THEORY
Handling compound prompts (e.g. *"Why is this occurring, and is it a positive or negative development?"*) where students routinely omit half the question.

Rapid 3-minute planning protocol ensuring equal balance and complete Task Response.

PRACTICAL DRILL & OUTPUT
Timed prompt dissection sprint: planning 4 tricky real exam questions in 12 minutes total with zero ambiguities.

 **Output:** Bulletproof outlining technique for two-part prompts with guaranteed complete coverage.

Lesson 10: Speaking Part 3 · 15-Minute Continuous Stamina Simulation

SPEAKING PART 3

OBJECTIVES & THEORY
Building cognitive stamina: examiners test whether your grammar and fluency disintegrate under prolonged pressure.

Zero interruptions during the 15-minute mock simulation to replicate genuine test environment.

PRACTICAL DRILL & OUTPUT
Deep-dive post-mock analysis: diagnosing the exact minute where linguistic fatigue set in and providing repair strategies.

 **Output:** Sustained Band 7 performance across 15 continuous minutes of abstract questioning.

WEEK 6 · Exam Readiness, Full Simulations & Final Polish

Exam Day: Saturday 28 November 2026

Lesson 11: WT2 40-Minute Timed Simulation & Live Edit

EXAM SIMULATION

OBJECTIVES & EXECUTION
IELTS Band 7.5 Intensive Sprint (min. 7.0 each): Schedule Weeks 4-6
Live timed writing simulation: writing a full unseen Task 2 essay in exactly 40 minutes on a shared Google Doc while teacher monitors silently.

IMMEDIATE LIVE MARKUP
Final 20 minutes spent in ruthless, line-by-line editorial surgery: deleting filler words, fixing residual grammar flaws, and polishing transitions.